

Get a flu shot this fall.

Protect yourself and your loved ones.

You should get a flu shot if:

- you are 65 or older, or
- you have a chronic illness like heart or lung disease, diabetes or asthma.

WHY?

- If you get the flu, you can easily give it to others.
- Most of the 36,000 people who die from the flu every year are over 65.

Medicare and most health insurance companies pay for the flu shot.

WHERE?

- Ask your doctor
- Find a clinic on-line at <http://flucliniclocator.org/>
- Call your local health department (look in the county government pages in the phone book).

